



## Young Persons Telephone Meeting

### Prayers

#### **Serenity Prayer**

God grant me the serenity to  
Accept the things I cannot change;  
Courage to change the things I can;  
And the Wisdom to know the difference.

#### **Third Step Prayer**

God,  
I offer myself to Thee  
To build with me and to do with me as Thou wilt.  
Relieve me of the bondage of self, that I may better do Thy will.  
Take away my difficulties, that victory over them may bear witness  
to those I would help of Thy Power, Thy love and Thy way of life.  
May I do Thy will always!

#### **Seventh Step Prayer**

"My Creator, I am now willing that you should have all of me, good & bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here to do Your bidding." ( BB p.76)

#### **The OA Promise**

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.