





# Foothill Resource Center

## 2018 World Service Business Conference

### Delegate Report Con't from page 2

I learned how their Service with OA changed their Lives. It was very inspiring.

I am so grateful and thankful to the OAFIG, that I was chosen to represent the Foothill Intergroup at the World Service Business Conference. It was a fantastic experience and I learned a lot about OA outside the Intergroup. I also met a lot of great OA Members from all parts of the US and the World. This is a great Organization and I am so grateful I am doing service.

Thank you for letting me do service,  
George (World Service Chair) ☐

## 7<sup>th</sup> Tradition – Treasurer's Corner

Every OA group ought to be fully self-supporting, declining outside contributions. OA relies exclusively on the contributions of members to maintain OA services and continue to help those who suffer from compulsive overeating. Your contributions at meetings and to events and fundraisers keep OA alive. Thank you!

**TREASURER'S NOTE:** Excess meeting funds, over and above expenses and a prudent reserve, **should be distributed monthly** in accordance with the 60/30/10 formula. Please send checks only. Write your group ID# on the check. Here is the suggested contribution:

60%	30%	10%
Foothill Intergroup	World Service	Region 2 of OA, Inc.
Attn: Treasurer	Office of OA	4733 Torrance Blvd.
PO Box 1108	PO Box 44020	PMB 335
Pasadena, CA 91102	Rio Rancho, NM 87174-4020	Torrance, CA 90503

### OA Intergroup 7<sup>th</sup> Tradition Contributions & Other Income March & April 2018

Intergroup: 3/31/18 & 4/30/18	\$ 20.00
Tuesday Temple City 7:30pm #40591	\$ 30.00
Tuesday Pasadena Noon #25538	\$120.00
Wednesday Pasadena 7:00pm #46144	\$120.00
Thursday Pasadena Noon #25388	\$ 60.00
Friday Pasadena Noon #19621	\$ 60.00
Saturday Atwater 10:00am #05322	\$ 48.00
Sunday Glendale 10:15am #21666	\$173.86
Sunday Pasadena 4:30am #45083	\$120.00
Anonymous Donations	\$264.40
Literature	\$ 10.00
<b>Total 7<sup>th</sup> Tradition &amp; Income</b>	<b>\$1,026.26</b>

## FOOTHILL INTERGROUP MAY 9TH PUBLIC OUTREACH TO THE PASADENA UNIFIED SCHOOL DISTRICT

By Sims

Rose City High School's incredibly kind Substance Abuse Intervention Specialist, Kathy Watson invited OA to have a booth at their first annual Mental Health Fair, Wednesday, May 9th, 2018.

We were surrounded with a room full of fellow 12-step programs and all had the opportunity to have their presence known and shown to the students, opening doors of light students might not have known existed prior. This was an incredible experience. Some students were shy, others took fliers, nodding their heads enthusiastically and some just circled the room introducing themselves to all the tables.

However much or little was taken away by the students, I am so grateful we had the chance to wave a little hello to someone who might not have known there is a solution out there. ☐

## INTERGROUP INFORMATION

Meetings are held at 7:00 pm on the last Tuesday of each month at the American Red Cross Building, 1501 S. Brand Blvd., Glendale, CA  
**IS YOUR meeting**

**represented with a voice at Intergroup?** Help OA & Foothill Intergroup stay strong & get the message out.  
**ALL OA Members are Welcome!**

### YOU ARE NOT ALONE ANYMORE!

Reach out to fellow members with phone calls, e-mails, text & service at meetings or Intergroup level.

### NEED HELP? CALL . . .

Deanna	626.799.6313	Anytime
Elliott M.	626.398.9928	Anytime
Lynn P.	626.792.4686	Before 9 pm
Marilyn D.	818.249.9774	Evenings
Tammy	818.353.9606	Days
Libby	818.352.6389	Anytime
Catherine	626.319.0260	

### E-MAIL (for OA purposes only)

Korie Beth	<a href="mailto:koriebethbrown@gmail.com">koriebethbrown@gmail.com</a>
Lisa K.	<a href="mailto:lisamarly@aol.com">lisamarly@aol.com</a>
Louise	<a href="mailto:younta@earthlink.net">younta@earthlink.net</a>
Libby	<a href="mailto:libbywhiz@aol.com">libbywhiz@aol.com</a>

If you would like to list your name, phone # or e-mail, contact [oafootnotes08@gmail.com](mailto:oafootnotes08@gmail.com)

**Will Sponsor - Ava 323.667.1265**  
**For recorded Intergroup Information:**  
626-568-7511

### 2018 INTERGROUP SERVICE BOARD

Chair	Colleen Y.	626.315.8504
Vice Chair	Na'ama	
Secretary	Susan R	626.710-2112
Treasurer	Jenny	510-333-3708
WSO Delegate	George	626.579.7449
R2 Delegate	Open Position	
SpecialEvents	Korie Beth	626.840.0117

### 2018 COMMITTEE CHAIRPERSONS

The Footnotes	Sandy D.	818.807.6838
Newcomers	Karen S.	626.289.8542
Website	Jennifer M.	818.749.3216
12th Step Within	Isabel	818-834-9848
Profession Outreach/Public Info	Natalie	626.421.8169
Young Persons	Open Position	
"Together we can do what we could never do alone"		
From The OA Promise		

### LOCAL AREA INTERGROUPS CONTACT INFORMATION

Foothill <a href="http://www.oafoothill.org">www.oafoothill.org</a>	626.568.7511	Channel Islands <a href="http://www.oaciig.wordpress.com">www.oaciig.wordpress.com</a>	805.899.3250
Inland Empire <a href="http://www.go2oa.org">www.go2oa.org</a>	951.715.2080	Los Angeles <a href="http://www.oalaig.org">www.oalaig.org</a>	323.653.7652
Orange County <a href="http://www.oaoci.org">www.oaoci.org</a>	714.953.0900	San Diego County <a href="http://www.oasandiego.org">www.oasandiego.org</a>	619.521.2538
San Fernando Valley <a href="http://www.oasfvalley.org">www.oasfvalley.org</a>	818.342.2222	South Bay <a href="http://www.oasouthbay.org">www.oasouthbay.org</a>	562.493.9030
San Gabriel Valley <a href="http://www.oa-sgvie.org">www.oa-sgvie.org</a>	626.335.3355	National OA website <a href="http://www.oa.org">www.oa.org</a>	505.891.2664

### Book Nook Pamphlet Pocket



**Seeking the Spiritual Path: A Collection from Lifeline** © 2007 OA, Inc. Explores such topics as the search for a Higher Power, spiritual experiences before and during the program, tools for spiritual growth and the perspective of agnostics and atheists. Softcover; 144 pages.

**Voices of Recovery** © 2002 OA, Inc. This daily reader contains inspirational quotations from OA literature and the experience, strength and hope of OA members. Pocket sized, softcover, indexed. 382 pages.

**Public Information Poster (Set of 20)** © 2018 OA, Inc. This professionally printed poster set has easy-tear, perforated tabs

**The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition** © 2018 OA, Inc. OA's keystone book is updated and improved. Softcover; 180 pages

Materials for purchase or order from OA.org & local meetings.

# MEETING DIRECTORY of the Foothill Intergroup of Overeaters Anonymous

June / July 2018

Please check [www.oafoothill.org](http://www.oafoothill.org) for regularly updated information on meeting times and places.

PLEASE NOTE: OA MEETINGS HAVE NO RELIGIOUS AFFILIATION REGARDLESS OF MEETING LOCATIONS

DAY	TIME	CITY	ADDRESS	FORMAT	CONTACT	PHONE	I.D.#	
<b>Sunday</b>	10:15 am	Glendale	335 Mission Rd. (Glen. Adv. Recovery Ctr) Glendale 91205	SP, OP, SS, H	Pauline	818.241.6654	21666	
	4:30 pm	Pasadena	132 N. Euclid (All Saints Church, OCC Trailer)	LT, WR, OP, H	Ada	626.327.3650	45083	
	<b>6:00 pm*</b>	<b>Pasadena</b>	<b>195 S. Hill Ave. (Knox Presbyterian Church, North Side House)</b>	<b>LT</b>	<b>Deanna</b>	<b>626.799.6313</b>	<b>19199</b>	
<b>Monday</b>	6:00 PM	Pasadena	151 S. Hill Ave. (St. Phillip's, corner Hill & Green)	BB, FT, OP	Louise	626.824.0789	53638	
	<b>7:30 pm</b>	<b>Burbank</b>	<b>1711 N. Avon/Jeffries (White Chapel)</b>	<b>SP, OP, H</b>	<b>Marla</b>	<b>818.590.9487</b>	<b>00451</b>	
<b>Tuesday</b>	<b>7:30 am*</b>	<b>Highland Park</b>	<b>5619 Monte Vista St (All Saints Episcopal), Highland Park 90042</b>	<b>BB, SP</b>	<b>Jennifer M</b>	<b>818.749.3216</b>	<b>53318</b>	
	<b>12 noon</b>	<b>Pasadena</b>	<b>585 E. Colorado Blvd. (Presbyterian Church/Parish House Rm. 202)</b>	<b>WR, OP, H</b>	<b>Judy</b>	<b>626.799.3932</b>	<b>25538</b>	
	6:30 pm*	Burbank	542 N. Buena Vista (Presbyterian Church)	BB	Lesley	323.938.8247	51599	
	<b>6:30 pm*</b>	<b>Altadena</b>	<b>1757 N Lake Ave., Pasadena, CA 91104 (Westminster Presbyterian Church, Room located across the Hall from the Church Office)</b>	<b>LT, OP, H</b>	<b>Diane</b>	<b>626.233.6410</b>	<b>16599</b>	
<b>*Intergroup Mtg*</b>	7:00 pm last	<b>Tue</b>	Glendale	1501 South Brand Blvd. (Amer. Red Cross Bldg Rm 204)	Intergroup Mtg	Colleen	626.315.8504	09003
	<b>7:30 pm</b>	<b>Temple City</b>	<b>5319 Halifax (Bethlehem Lutheran Church) 91780</b>	<b>SP, OP, H</b>	<b>Lori H</b>	<b>626.279.2882</b>	<b>40591</b>	
<b>Wednesday</b>	<b>12 noon *</b>	<b>Pasadena</b>	<b>585 E. Colorado Blvd. (Presbyterian Church/Parish House Rm. 202)</b>	<b>LT,WR, OP, H</b>				
	<b>7:00 pm*</b>	<b>Pasadena</b>	<b>301 N. Orange Grove, RM. 25 (Neighborhood Church)</b>	<b>BB, LT, OP, H</b>	<b>Susan R</b>	<b>626.710.2112</b>	<b>46114</b>	
<b>Thursday</b>	12 noon	Pasadena	585 E. Colorado Blvd. (Presbyterian Church/Parish House Rm. 202)	WR, OP, SS1,H	Elliott M	626.398.9928	25388	
	<b>7:15 pm*</b>	<b>Pasadena</b>	<b>151 S. Hill Ave. (St. Phillip's, corner Hill &amp; Green SS1, OP</b>	<b>Tony</b>	<b>626.840.3655 and Angela</b>	<b>213.309.6588</b>	<b>28126</b>	
<b>Friday</b>	12 noon	Pasadena	585 E. Colorado Blvd. (Presbyterian Church/Parish House Rm. 202)	FT, OP, H	Elliott M	626.398.9928	19621	
	<b>6:30 pm*+</b>	<b>La Crescenta</b>	<b>4845 Dunsmore Ave. / North of Foothill</b>	<b>SP, SS,H</b>	<b>Shirley</b>	<b>818.951.1605</b>	<b>SFVIG</b>	
<b>Saturday</b>	7:30 am+	Burbank	260 N Pass Ave. (Center for Spiritual Living Bldg.)	SP, OP, H	Ken	818-726-5250	SFVIG	
	8:30 am	Pasadena	585 E. Colorado Blvd. (Presbyterian Church/Parish House Rm.103)	LT, SP, OP	Diane	626.233.6410	22430	
	10:30 am*+	Burbank	10641 Burbank Blvd, No. Hollywood (AA office, Lot/Street Parking)	LT, SP, OP, H	Charlee	818.980.7939	SFVIG	
	10:00 am*	Atwater	3852 Edenhurst Ave. (Christ's Church)	SP,LT,OP,H	Judy D	818.242.8193	05322	

**Bold Entries Signify Meeting Changes and/or Requests for Attendance Support**

**BB:** Big Book Study    **FT:** For Today    **H:** Handicap Access    **LT:** Literature    **NC:** New Comer    **OP:** Open Pitch    **RR:** Relapse/Recovery    **SP:** Speaker  
**SS:** Step Study    **SS1:** OA12+12    **WR:** Writing Meeting    **YP:** Young Persons Emphasis    \*Meeting less than 1.5 hours    **SGVIE:** San Gabriel Valley Intergroup  
**SFVIG:** San Fernando Valley Intergroup    **\*\*\*:** Intergroup Meeting    **+**: Outside the Foothill Intergroup

Though some meetings have special emphasis, meetings are open to all who wish to attend.

Please note: Meeting Directory is subject to change between printings. Call the contact person for further information.

The Twelve Concepts of OA Service, help us apply the Steps and Traditions in our service work, which is an important part of the OA program. The Concepts define and guide the practices of the service structures that conduct the business of OA. Concept 11 *Trustee administration of the World Service Office should always be assisted by the best standing committees, executives, staffs & consultants. The spiritual principle associated with Concept 11 is Humility.*