

FOOTHILL INTERGROUP REPRESENTATIVES MEETING

November 26, 2018

Present: Colleen, Sandy D, Sheila, Na'ama, Korie Beth, Steve, Jenny, Patti, Karen, George, Susan R

Meeting started at 7:05 pm. Chair Colleen read literature that provides a conceptual and historic overview of Intergroups in general and the Foothill Intergroup (IG) specifically. Meeting participants introduced themselves and identified their roles within the Foothill IG, then took turns reading the Twelve Intergroup Concepts.

Chair's Report: COLLEEN

- Colleen commented that our introductory remarks above remind her of the importance of our role within the Fellowship.
- Colleen stated that we had a full agenda for the night, including election of officers and preparation for our holiday party on December 1, 2018.

Secretary's Report: SUSAN R

- Susan distributed copies of the IG meeting minutes from October 29, 2018. Participants reviewed the minutes, and a motion was made to accept the minutes as written. The motion was seconded and passed.
- Susan announced that the next IG meeting is scheduled to take place on Monday, January 28, 2019 at the Neighborhood Church in Pasadena. The meeting will begin at 7:00 pm.

Vice-Chair's Report: NA'AMA

- Na'ama reported that the Saturday am Atwater meeting has closed due to lack of attendance. Na'ama stated that she has the books and Lifelines that belonged to that meeting. The fate of those materials was discussed, and Colleen stated that she would like them displayed at the January Intergroup meeting, where they could be distributed to Intergroup representatives needing them for their meetings. It was further suggested that literature not taken by representatives could be sold at the next special event. A motion was made to those effects, seconded and passed. It was also pointed out that, at the next WSO convention, George can buy additional literature to add to the Intergroup's cache.
- Colleen read a letter to the Intergroup from the Atwater meeting's secretary, Judy D, explaining the closing of that meeting. Colleen stated that she will notify WSO of the closure and will hold the Atwater literature until the January Intergroup meeting.

Treasurer's Report: JENNY

- Jenny distributed the November 2018 Treasurer's Report and went over it with Intergroup participants. She also reported that there had been an error on the October 2018 Treasurer's Report. The rent for the Intergroup meeting venue, which is \$50/month, had been paid for two months during October, thus totaling \$100 rather than the \$50 recorded on the October report. A motion was made to correct the error on the October report and to accept the November report.
- Jenny clarified that the \$406.25 recorded on the November report for R2 assembly expenses included travel and lodging for the Foothill Intergroup representatives, Agnes and Na'ama.

NOVEMBER 2018 TREASURER'S REPORT:

Operating funds: \$4,704.37

Prudent Reserve: \$3,000.57 (including \$.03 interest)

Total funds on deposit: \$7,704.97

Total 7th Tradition Income: \$660.80

Total income for November 2018: \$660.80

November 2018 Loss <\$80.51>

Year-to-date Income: \$5,032.11

Year-to-date Loss <\$14.78>

Total expenses for November 2018: \$741.41

Year-to-date Expenses: \$5,046.89

Special Events Chair's Report: KORIE BETH

- A short discussion was held regarding the "opportunity drawings" for the three baskets and four gift certificates donated for the holiday party. Colleen said she had purchased a roll of double raffle tickets, and the group decided that the tickets will be sold at the registration table. It was also decided that the tickets will be sold at \$1 apiece and 6 for \$5 dollars. Each item in the drawing will have a box with a slot for tickets and party goers will place tickets in the boxes for the items they wish to receive.
- Korie Beth stated that she was excited about the upcoming holiday party. She described the sequence of events at the party, the names of the speakers, and identification of the pieces of literature they would present. The books spoken about will be available for purchase at the event.
- It was decided that one rectangular table will be needed for registration and ticket purchases and that up to 15 round tables would be needed to display items on sale in the boutique.
- Decorations were discussed briefly. Jennifer M has decorations used at previous holiday events and two Intergroup participants volunteered to contact Jennifer M about securing those decorations before the event.
- The group discussed recruiting volunteers to sub for people working at the event so those people can enjoy participating in the event as guests for a period of time.
- It was decided that we will start the set-up at 10 am. Jenny drew a map on a dry erase board, showing the configuration of the parking lot and lodge, and Karen agreed to bring signs directing party goers to the lot and the door leading into the lodge.

Young Persons Outreach Chair Report: PATTI

- Patti introduced an idea she had for attracting young people to the program. She suggested that we create 4"x4"stickers with peel-off backs that young people can put on their laptops, books, backpacks or wherever. These stickers (with the peel-off backs still on) could be stacked in student activities centers and/or health centers at colleges and high schools. Patti passed around three pieces of card stock, each containing a message that could be placed on the stickers. All three had short attention-attracting statements in large capital letters followed by two smaller lines discreetly identifying the program. Both of those two lines were printed in lower-case letters; the first said "overeaters anonymous foothill," and the second provided the Foothill IG website address. The three attention-attracting statements were "YOUR STORY," "IT'S NOT JUST YOU," and "WHY DO I DO THIS? WHY CAN'T I STOP? CAN ANYONE HELP ME?"
- Meeting participants expressed enthusiasm about Patti's sticker idea and her offering of three potential messages that could be printed on them. It was decided that at the January 2019 Intergroup meeting, attendees will vote on which one of the three messages they prefer to use. One participant offered that she particularly favored that three-question statement as it grabbed her attention on a gut level.

Web Master's Report: JENNIFER M was absent

- Chair Colleen reported that she has spoken to Jennifer about possibly continuing to serve as Webmaster in 2019. Jennifer expressed wanting to do so.
- Jenny stated that the revised meeting sign-in sheet that was recently posted on the website is no longer there. Jenny will call Jennifer to determine if it could be re-posted.

WSO Chair's Report: GEORGE

- George reported that the next WSO Business Convention is in May 2019. He will purchase his plane tickets in the next week or two and submit that expense at the next Intergroup meeting.

R2 Chair's Report: AGNES was absent

- Chair Colleen confirmed that Agnes and Na'ama had gone to the R2 assembly held in Pomona November 2 – 4, 2018. Agnes is writing a report on the assembly, which she will present at the next Intergroup meeting in January, 2019.
- Na'ama gave a verbal report on the assembly. She stated that the participants formed committees, and she herself joined the 12th Step Within committee. Na'ama reported to her committee the Foothill IG's expansion of the 12th Step Within effort to include the 12th day of every month. Na'ama passed around copies of a pamphlet she received in the assembly, called "What's New in R2." Intergroup members were encouraged to read it.

Newcomers Chair Report: KAREN

- Karen reported that two calls came into our Newcomer's phone line this month. The first caller asked for a speaker list, and one was mailed to that person. The second caller was seeking meeting information, and Karen made four return calls without reaching the caller. On the fourth call, Karen left a voicemail stating the meeting information is available on the Foothill Intergroup website and providing the website address.

Footnotes Editor's Report: SHEILA

- Sheila stated that she has finished designing the format for the next issue of the Footnotes newsletter, which will be available at the January 2019 Intergroup meeting. The issue will be 1 page printed on both sides and folded on one side into three panels. The front panel will contain the OA logo and a welcome to newcomers, including a portion of the reading, "An Invitation to You." The Twelve Steps will be printed on the inside panel and The Promises on the back panel. When the newsletter is opened, the meeting directory, printed on the other side of the page, will be visible in full. A motion was made, seconded and passed to accept the new format.
- Sheila shared that the Footnotes may go back to a four-page format in the near future. There is content that could be included in that longer format, including pieces on the most recent WSO convention written by our delegate George.

Public Outreach Chair's Report: NATALIE was absent.

- Chair Colleen distributed copies of a template Natalie created for letters introducing providers to the Overeaters Anonymous program. Meeting participants were invited to review the template before the next IG meeting and give Natalie feedback by e.mail, by phone, and/or in person at the next IG meeting.

12th Step Within Chair's Report: SANDY D.

- Chair Colleen reported that Isabel will not be able to serve as chair for this committee.
- Intergroup representative, Sandy D, volunteered to become 12th Step Within Chair. A motion was made, seconded and passed to place her in that position.
- Sandy reminded the group that the international 12th Step Within Day, December 12, 2018, was imminent and that we are asked to reach out on that day to OA members who have relapsed or are having great difficult with their recovery. She displayed a bright pink bookmark she created to announce the December 12 event. One side of the bookmark announced the day and the rationale for reaching out to fellows. The other side of the bookmark had eight sample icebreakers that outreaching callers can use. Meeting participants expressed enthusiasm about the bookmarks, and Sandy passed around groups of bookmarks for Intergroup representatives to take to their meetings.

Old Business: COLLEEN presiding

Referring back to nominations that were made at the October 29, 2018 Intergroup meeting,

ELECTIONS WERE HELD FOR 2019 OFFICERS AND CHAIRPERSONS

- A motion was made, seconded and passed for Colleen to continue as Intergroup Chairperson for the calendar year of 2019.
- A motion was made, seconded and passed for Na'ama to remain Intergroup Vice Chair during 2019.
- A motion was made, seconded and passed for Jenny to continue serving as Intergroup Treasurer for the calendar year of 2019.
- A motion was made, seconded and passed for Susan R. to continue as Intergroup Secretary through June 30, 2019.
- A motion was made, seconded and passed to re-elect Korie Beth to serve as Special Events Chair for 2019.
- A motion was made, seconded and passed for George to continue as WSO Chair throughout 2019.
- A motion was made, seconded and passed for Agnes to remain R2 Chair throughout 2019.
- A motion was made, seconded and passed for Karen to serve as Newcomers Chair for 2019.
- A motion was made, seconded and passed for Sheila to continue as Footnotes Editor for 2019.
- A motion was made, seconded and passed for Natalie to continue serving as Public Outreach Chair for the year of 2019.
- Colleen confirmed that Sandy will serve as 12th Step Within Chair for 2019.

Continuing Old Business:

- Discussion was re-opened regarding the possible porting of our newcomers' line to a cell phone with text capabilities. The discussion was carried by newcomers chair, Karen, and meeting participant Michael W. from the Sunday evening Pasadena group. It was suggested that a physical cell phone could be donated to the Newcomers Committee, and Karen and Michael W. will explore getting it activated through an inexpensive carrier, possibly Consumer Cellular. Participants who have a physical cell phone that could be used were encouraged to bring it to the January 2019 IG meeting.
- Sandy reported on the project to get 10th step worksheets posted on the website. She will request permission from WSO to offer a number of specific approved worksheets. A motion was made, seconded and passed for Sandy to continue with that project and to contact WSO about it.

New Business: COLLEEN presiding

- Sheila requested instruction on how to print an OA logo for the next Footnotes issue. She was informed that it could be downloaded from the WSO website on the Internet.