

Minutes of the Foothill Intergroup OA Board Meeting – August 29, 2022

Attendance: Michael (Treasurer), Cassandra (Co-Vice Chair), Cynthia (Delegate Sunday 10:15 am), Kathy C (Delegate Monday 7:30 pm Online), Susan R (Delegate Sunday 4:30 pm), Pat (Website Chair), Linda M (Region 2/Delegate Wednesday Noon), Stacey (Footnotes Blog Editor), Marilyn (Special Events Chair/Saturday 8:30 am), Nancy G (Newcomer Chair/Wednesday Pas 7:00 pm), Andriette (Young People's Chair/Delegate Sunday 6 pm BIPOC meeting), Patti O (Fellow), Katie D (Delegate Tuesday 7:30 Zoom meeting), Joy H (Delegate Tuesday 6:30 pm Zoom) and Pattie T (Secretary).

Co-Vice Chair, Cassandra started the meeting with the Serenity Prayer. She read the Purpose of the IG and followed with introductions and the IG board and delegates read the Twelve Concepts of OA Service.

OLD BUSINESS:

- We still need contact info for all new IG reps. If you are not listed, please email Cassandra and/or Diane to be added.
- We are still looking for a Chair and a Zoom Administrator for the IG.
- Diane had previously made an announcement about “double-dipping” in service. The Bylaws state that if you are an officer you are not allowed to be a meeting delegate. Also, if you are a committee chair and also represent a meeting as its delegate, you still only get 1 vote, so we are still trying to get more delegates to represent our meetings.
- Update re OA and AA can be screen-shared with citations.
- Although Diane was not in attendance, she sent the following report: We need to decide which committee chair/s should be a part of the FIG Board. This is not urgent but we need to think about whether there should be a standing requirement for a specific committee chair to be on the board or whether we want to vote on this every year or 2 years. Cynthia made a motion to table this matter until Diane's return. The motion was seconded by Michael and carried.
- All FIG Treasurer reports from 2009 are now downloaded to OA computer and sent copies to Michael who has saved the info on hard drive.
- Michael volunteered to tweak the format of the
- Cassandra: The current FIG speaker's list is available by request and all we have are 5 speakers listed at the moment from Foothill Intergroup. Please encourage people in your meetings to join the list.
- Changing the FIG meeting preamble – follow up from Diane who made a motion to amend the wording of Bylaws, Section 5 – Meeting Procedures. The amendment would be changed FROM “The Twelve Steps, Twelve Traditions and Twelve Concepts of Service shall be read at the beginning of each meeting.” TO “At least one of the following selections from the OA Literature shall be read at the beginning of each meeting: The Twelve Steps, Twelve Traditions and/or Twelve Concepts of Service.”
 - Linda said **Wednesday Noon** approved bylaws change;
 - Andriette said **BIPOC** approved bylaws change;
 - Marilyn said **Saturday 8:30** approved bylaws change;
 - Pattie T said **Sunday 10:15 am** approved bylaws change;
 - Susan R said **Sunday 4:30 pm** approved bylaws change;
 - Nancy G **Wed Pasadena 7 pm** approved bylaws change;
 - Pattie T: **Tuesday Pasadena Noon Writing Meeting** DOES NOT APPROVE the bylaws change;

- Cynthia said she got word that **2 other non-repped meetings** approved the bylaws change and that she will get and forward those meeting names and times to us.

WE STILL HAVE THE FOLLOWING OPEN POSITIONS:

Chair and IG Zoom Administrator

Re Chair: This position is still **OPEN** although Diane D has currently taken on the responsibilities of this position as part of her Co-Vice Chair position.

Re IG Zoom Administrator:

- Sylmara is continuing to “consult” until we fill the **IG Zoom Administrator** position.

CURRENT POSITIONS:

Chair: **OPEN**

Co-Vice Chairs: **Diane D and Cassandra** – they jointly cover for the chair and are responsible running the IG meeting agenda until we get a chair.

Treasurer: **Michael**

Secretary: **Pattie T**

Special Events Chair: **Marilyn**

12 Step Within: **Sheila**

Zoom Administrator: **OPEN** (Sylmara will continue as consulting administrator until someone takes the position)

Newcomer Chair: **Nancy G**

Young People’s Chair: **Andriette**

Community Outreach: **Stephanie L**

Footnotes Blog: **Stacey F**

Website Chair: **Pat**

R2 Delegate: **Linda M**

WSO Rep: **Sylmara**

REPORTS:

Co-Vice Chair – Diane: Not in attendance.

Co-Vice Chair Report – Cassandra: Our speaker list is not going very well.

Secretary – Pattie T: Pattie made a motion that the July minutes be accepted as submitted. The motion was seconded and the vote was carried.

Treasurer – Michael W: The Treasurer’s report for July was sent out. Michael made a motion to approve the Treasurer reports July as submitted. Linda seconded and the vote was carried.

- Cynthia made a motion that the IG donate money both to R2 (\$1000) and WSO (\$2000). Michael says we haven’t sent donations since June 2021. Michael feels that the amounts are reasonable considering our FIG bank account currently has \$6000.00 in it. The motion was seconded by Michael, voted on and carried.

R2 Delegate – Linda M: Nothing new to report other than she will be forwarding fliers to the board and delegates from R2 as they come in.

Website Chair – Pat: Pat talked about syncing the meeting info on the home and meeting pages. She’s been taking the San Diego workshops regarding Zoom meeting protocols, screen sharing, admin, etc. and highly recommends them.

- Linda asked if the event fliers can be downloaded rather than just be typed because they are pretty and catch the eye. Pat says she doesn’t think the fliers are not well organized which is why she types out the information. Previously the event fliers were on a carousel, but she disabled the carousel once all the previous events were deleted.
- Michael suggested that Pat get a flash drive so she can save the fliers to that.
- Patti O offered to show Pat how to do a screen shot and upload them to the website.
- Stacey thanked Pat for her effort to transcribe the events on the website.

Professional and Community Outreach – Stephanie L: Stephanie now has the Google documents (from Diane) to get OA info out to medical schools and psychology programs. She shared she was on social media site recently and saw 2 therapists who don’t consider OA as a solution for “some types” of eating disorders, so she really wants to target therapists.

Footnotes Blog – Stacey F: Reminding everyone that fellows are encouraged to submit their writing to the blog for publication. The web address for submissions is oafoothillfootnotes@gmail.com.

Zoom Admin – Sylmara: Not in attendance.

Special Events Chair – Marilyn R-D: Marilyn sent the questionnaire survey to the Delegates who brought it to their meetings. So far, 39 questionnaires have been submitted but it is not a large enough representation of our IG. She also put the questionnaire in the chat for this meeting for anyone interested in preparing it. She was thinking of doing a movie night and as part of the Holiday Event in person they could show the movie about the founders. She has checked with The Neighborhood Church as to its availability in Nov or early Dec. Cynthia asked if it would be appropriate to send the questionnaire to fellows by email. Marilyn said that’s fine. Pat wanted to let everyone know that Cynthia has put the questionnaire link in the meeting chat over a couple of weeks and will also vote on whether or not the meeting is willing to complete the questionnaire within the meeting time. Pattie suggested that if the link is placed in the chat, Fellows can click the link to open a new browser window and then return to the Zoom room and complete and submit the questionnaire once their meeting is over without worry of losing the link.

WSO Delegate – Sylmara: Not in attendance.

Young Person’s Chair – Andriette: Nothing to report. Marilyn will give Andriette Sylmara’s number so she can contact her to figure out how to get a YPM up on Zoom.

Newcomer Chair – Nancy: Contacted some callers with ESH to a newcomer and directed those interested in f2f meetings as to where they can go.

12-Step Within – Sheila: Not in attendance. Sheila let Pattie T know that she has nothing new to report at this time but looks forward to sharing new graphics at an upcoming IG meeting.

Delegate Input:

No delegate concerns or announcements.

NEW BUSINESS:

- Patti O: Update re status of new meeting “Staying in Recovery While Grieving” which occurs via Zoom on Saturdays at 4:00 pm. She shared her flier for the new meeting. They have had 2 meetings and hopefully it will gain momentum. The meeting has been added to the OA.org meeting list under ONLINE MEETINGS. Patti asked that FIG webmaster move the meeting info from the Events page to our website Meetings page. Great job, Patti O!

Good and Welfare

Nothing is worth eating about. In a word or two, how do you feel about tonight’s meeting?

Cassandra: Grateful and humbled

Pattie T: Happy for a great meeting

Cathy C: Happy

Nancy: Service keeps me abstinent

Susan R: Admiring of the leadership

Michael: Grateful

Marilyn: Grateful

Cynthia: Sometimes feels like she talks too much

Stephanie: Glad to be part of a group where its principles above personalities

Pat: Pleased that we got a lot done

Andriette: Grateful and motivated

Joy H: Okay

Stacey: Satisfied

Patti O: Relieved

Submitted by Pattie T – 2022 Intergroup Secretary